FREE HELP NEAR YOU

Western Arizona · Yuma, Kingman, Lake Havasu City, Bullhead City & Parker

Yuma · San Luis · Somerton · Wellton · Kingman · Lake Havasu City · Bullhead City · Fort Mohave · Golden Valley · Colorado City · Parker · Quartzsite

Not sure where to go?
Tell us what's going on and where you are. We'll point you to the right place.

REAP AMERICA · 24 HOURS
1-877-341-REAP
(1-877-341-7327) · Text: 775-235-8765

911 Police · Fire · Ambulance

988 Mental health crisis call or text

211 211 Arizona · dial 2-1-1

Food, Bills & Emergencies

WACOG (Western Arizona Council of Governments)
Yuma · Yuma & La Paz
928-782-1886

WACOG – Kingman
Mohave County
928-753-6247

Shelter & Help

Cornerstone Mission
Kingman
928-757-1535

Homeless help – Bullhead City
Bullhead City
928-758-4872

Veterans

Kingman VA Clinic
VA health care
928-718-7300

Lake Havasu City VA Clinic
VA health care
928-505-7100

Safety From Abuse (24 hours)

Safe House (Catholic Community Services)
Yuma · 24 hours
928-782-0044

Amberly's Place
Yuma · 24 hours
928-373-0849

Kingman Aid to Abused People
Kingman · 24 hours
928-753-4242

POLICE, FIRE & GAS · Emergency? Call 911 · Smell gas? Get out first, then call

Southwest Gas · gas leak
1-877-860-6020

NATIONAL HOTLINES · FREE · 24/7

Poison Help
1-800-222-1222

Crisis Text Line
Text HOME to 741741

Child Abuse Hotline (Childhelp)
1-800-422-4453 · call or text

Runaway & Homeless Youth (Safeline)
1-800-786-2929

Suicide & Crisis Lifeline
Call or text 988

Domestic Violence Hotline
1-800-799-7233 · Text START to 88788

Drug & Alcohol Help (SAMHSA)
1-800-662-4357

Veterans Crisis Line
Dial 988, press 1 · Text 838255

Sexual Assault Hotline (RAINN)
1-800-656-4673

Human Trafficking Hotline
1-888-373-7888 · Text 233733