# FREE HELP NEAR YOU

## Georgetown, Seaford, Lewes & Sussex County, Delaware

Georgetown · Seaford · Lewes · Rehoboth Beach · Millsboro · Laurel · Milton · Bridgeville · Selbyville · Ocean View · Delmar · Harbeson

**Not sure where to go?**
Tell us what's going on and where you are. We'll point you to the right place.

REAP AMERICA · 24 HOURS
**1-877-341-REAP**
(1-877-341-7327) · Text: 775-235-8765

**911** Police · Fire · Ambulance

**988** Mental health crisis · call or text

**211** Delaware 211 · or text your ZIP to 898-211

### Food, Bills & Emergencies

**Food Bank of Delaware (Milford)**
Kent & Sussex · ask for a pantry near you
302-424-3301

**Catholic Charities Energy Assistance**
Sussex County · LIHEAP heating & electric help
302-856-6310

**First State Community Action**
Georgetown · emergency services
302-856-7761

### Veterans

**Sussex County VA Clinic**
Georgetown · VA health care
1-800-461-8262

**Sussex County Vet Center**
Georgetown · free counseling for veterans
302-225-9110

### Shelter

**Centralized Intake for Shelter**
Call or text · Mon–Fri 8–5 · call early
1-833-346-3233

**Casa San Francisco**
Milton · emergency shelter & food pantry
302-684-8694

### Safety From Abuse (24 hours)

**People's Place DV Hotline & Shelter**
Kent & Sussex · 24-hour hotline
302-422-8058

**Abriendo Puertas (bilingual)**
Kent & Sussex · Spanish/English DV hotline
302-745-9874

### Health Care

**La Red Health Center**
Georgetown · sliding fee, with or without insurance
302-855-1233

**Mental Health Crisis (Southern DE)**
24-hour crisis help & mobile team
1-800-345-6785

### POLICE, FIRE & GAS · Emergency? Call 911 · Smell gas? Get out first, then call

Sussex County 911 non-emergency
302-855-2970

Rehoboth Beach Police / 911 center
302-227-2577

Chesapeake Utilities · gas leak
1-800-427-2883

### NATIONAL HOTLINES · FREE · 24/7

Poison Help
1-800-222-1222

Suicide & Crisis Lifeline
Call or text 988

Veterans Crisis Line
Dial 988, press 1 · Text 838255

Crisis Text Line
Text HOME to 741741

Domestic Violence Hotline
1-800-799-7233 · Text START to 88788

Sexual Assault Hotline (RAINN)
1-800-656-4673

Child Abuse Hotline (Childhelp)
1-800-422-4453 · call or text

Drug & Alcohol Help (SAMHSA)
1-800-662-4357

Human Trafficking Hotline
1-888-373-7888 · Text 233733

Runaway & Homeless Youth (Safeline)
1-800-786-2929