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# FREE HELP NEAR YOU

## South Central Idaho · Magic Valley & Wood River

Twin Falls · Jerome · Burley · Rupert · Buhl · Kimberly · Gooding · Wendell · Shoshone · Hailey · Ketchum · Fairfield

**Not sure where to go?**
Tell us what's going on and where you are. We'll point you to the right place.

REAP AMERICA · 24 HOURS
**1-877-341-REAP**
(1-877-341-7327) · Text: 775-235-8765

**911** Police · Fire · Ambulance

**988** Mental health crisis · call or text

**211** Idaho 211 CareLine · or text your ZIP to 898211

### Food, Bills & Emergencies

**South Central Community Action (SCCAP)**
Twin Falls, Burley, Jerome, Hailey · energy bill help
208-736-0676

**Mustard Seed**
Twin Falls · help with finances, clothing, living costs
208-733-9430

### Veterans

**Twin Falls VA Clinic**
VA health care
208-422-1108

**Idaho Division of Veterans Services**
Twin Falls · benefits & claims help
208-736-0719

### Shelter

**Valley House**
Twin Falls · homeless shelter
208-734-7736

### Safety From Abuse (24 hours)

**Voices Against Violence**
Twin Falls & Rupert · 24-hour hotline & shelter
208-733-0100

**The Advocates**
Hailey · Blaine County · 24-hour hotline
208-788-4191

### Health Care

**Family Health Services**
Twin Falls · sliding fee
208-732-7101

**Crisis Center of South Central Idaho**
Twin Falls · mental health crisis
1-866-737-1128

### POLICE, FIRE & GAS · Emergency? Call 911 · Smell gas? Get out first, then call

Twin Falls Co. Sheriff
208-736-4135

Jerome Co. Sheriff
208-644-2776

Cassia Co. Sheriff
208-878-2251

Minidoka Co. Sheriff
208-434-2320

Gooding Co. Sheriff
208-934-4421

Lincoln Co. Sheriff
208-886-2250

Blaine Co. Sheriff
208-788-5555

Camas Co. Sheriff
208-764-2261

Intermountain Gas · gas leak
1-800-548-3679

### NATIONAL HOTLINES · FREE · 24/7

Poison Help
1-800-222-1222

Suicide & Crisis Lifeline
Call or text 988

Veterans Crisis Line
Dial 988, press 1 · Text 838255

Crisis Text Line
Text HOME to 741741

Domestic Violence Hotline
1-800-799-7233 · Text START to 88788

Sexual Assault Hotline (RAINN)
1-800-656-4673

Child Abuse Hotline (Childhelp)
1-800-422-4453 · call or text

Drug & Alcohol Help (SAMHSA)
1-800-662-4357

Human Trafficking Hotline
1-888-373-7888 · Text 233733

Runaway & Homeless Youth (Safeline)
1-800-786-2929