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FREE HELP NEAR YOU

Eastern Montana · Miles City, Glendive, Sidney & Glasgow

Miles City · Glendive · Sidney · Glasgow · Wolf Point · Poplar · Malta · Baker · Forsyth · Colstrip · Plentywood · Terry

Not sure where to go?
Tell us what's going on and where you are. We'll point you to the right place.

REAP AMERICA · 24 HOURS
1-877-341-REAP
(1-877-341-7327) · Text: 775-235-8765

911 Police · Fire · Ambulance

988 Mental health crisis call or text

211 Montana 211 · dial 2-1-1

Food, Bills & Emergencies

Action for Eastern Montana
Glendive · energy & emergency help, 17 counties
406-377-3564

Action for Eastern Montana (toll-free)
Eastern Montana
1-800-227-0703

Safety From Abuse (24 hours)

Dawson County Domestic Violence Program
Glendive
406-377-6477

Custer Network Against Domestic Abuse
Miles City
406-234-0542

Phillips County DV Program
Malta
406-654-1100

Veterans

Miles City VA Clinic
VA health care
406-874-5675

Montana VA (all clinics)
Toll-free · veterans health care
1-877-468-8387

POLICE, FIRE & GAS · Emergency? Call 911 · Smell gas? Get out first, then call

Southeastern MT Dispatch (Miles City)
406-232-3411

Custer County Sheriff
406-874-3320

Dawson County Sheriff
406-377-5291

Richland County Sheriff
406-433-2919

Montana-Dakota Utilities · gas leak
1-800-638-3278

NATIONAL HOTLINES · FREE · 24/7

Poison Help
1-800-222-1222

Suicide & Crisis Lifeline
Call or text 988

Veterans Crisis Line
Dial 988, press 1 · Text 838255

Crisis Text Line
Text HOME to 741741

Domestic Violence Hotline
1-800-799-7233 · Text START to 88788

Sexual Assault Hotline (RAINN)
1-800-656-4673

Child Abuse Hotline (Childhelp)
1-800-422-4453 · call or text

Drug & Alcohol Help (SAMHSA)
1-800-662-4357

Human Trafficking Hotline
1-888-373-7888 · Text 233733

Runaway & Homeless Youth (Safeline)
1-800-786-2929