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FREE HELP NEAR YOU

Southwest Montana · Helena, Butte, Bozeman & Livingston

Helena · East Helena · Townsend · Boulder · Butte · Anaconda · Dillon · Bozeman · Belgrade · Big Sky · Livingston · Ennis

Not sure where to go?
Tell us what's going on and where you are. We'll point you to the right place.

REAP AMERICA · 24 HOURS
1-877-341-REAP
(1-877-341-7327) · Text: 775-235-8765

911 Police · Fire · Ambulance

988 Mental health crisis · call or text

211 Montana 211 · dial 2-1-1

Food, Bills & Emergencies

Rocky Mountain Development Council
Helena · energy & emergency help
406-447-1625

Action Inc.
Butte · energy & emergency help
406-533-6855

HRDC District IX
Bozeman · energy & emergency help
406-587-4486

Shelter

God's Love
Helena
406-442-7000

Butte Rescue Mission
Butte
406-782-0925

HRDC Warming Center
Bozeman · winter
406-585-4893

HRDC Livingston
Livingston
406-333-2537

Veterans

Fort Harrison VA Medical Center
Helena · VA health care
406-442-6410

Montana VA (all clinics)
Toll-free · veterans health care
1-877-468-8387

Health Care

Community Health Partners
Bozeman & Livingston · sliding fee
406-585-1360

Butte Community Health Center
Butte · sliding fee
406-496-4075

Safety From Abuse (24 hours)

The Friendship Center
Helena · 24 hours
406-442-6800

Safe Space
Butte · 24 hours
406-782-8511

HAVEN
Bozeman · 24 hours
406-586-4111

POLICE, FIRE & GAS · Emergency? Call 911 · Smell gas? Get out first, then call

Helena Police
406-442-3233

Bozeman Police
406-582-2000

Lewis and Clark County Sheriff
406-442-7883

NorthWestern Energy · gas leak
1-888-467-2669

Butte-Silver Bow Dispatch
406-497-1120

NATIONAL HOTLINES · FREE · 24/7

Poison Help
1-800-222-1222

Crisis Text Line
Text HOME to 741741

Child Abuse Hotline (Childhelp)
1-800-422-4453 · call or text

Runaway & Homeless Youth (Safeline)
1-800-786-2929

Suicide & Crisis Lifeline
Call or text 988

Domestic Violence Hotline
1-800-799-7233 · Text START to 88788

Drug & Alcohol Help (SAMHSA)
1-800-662-4357

Veterans Crisis Line
Dial 988, press 1 · Text 838255

Sexual Assault Hotline (RAINN)
1-800-656-4673

Human Trafficking Hotline
1-888-373-7888 · Text 233733